



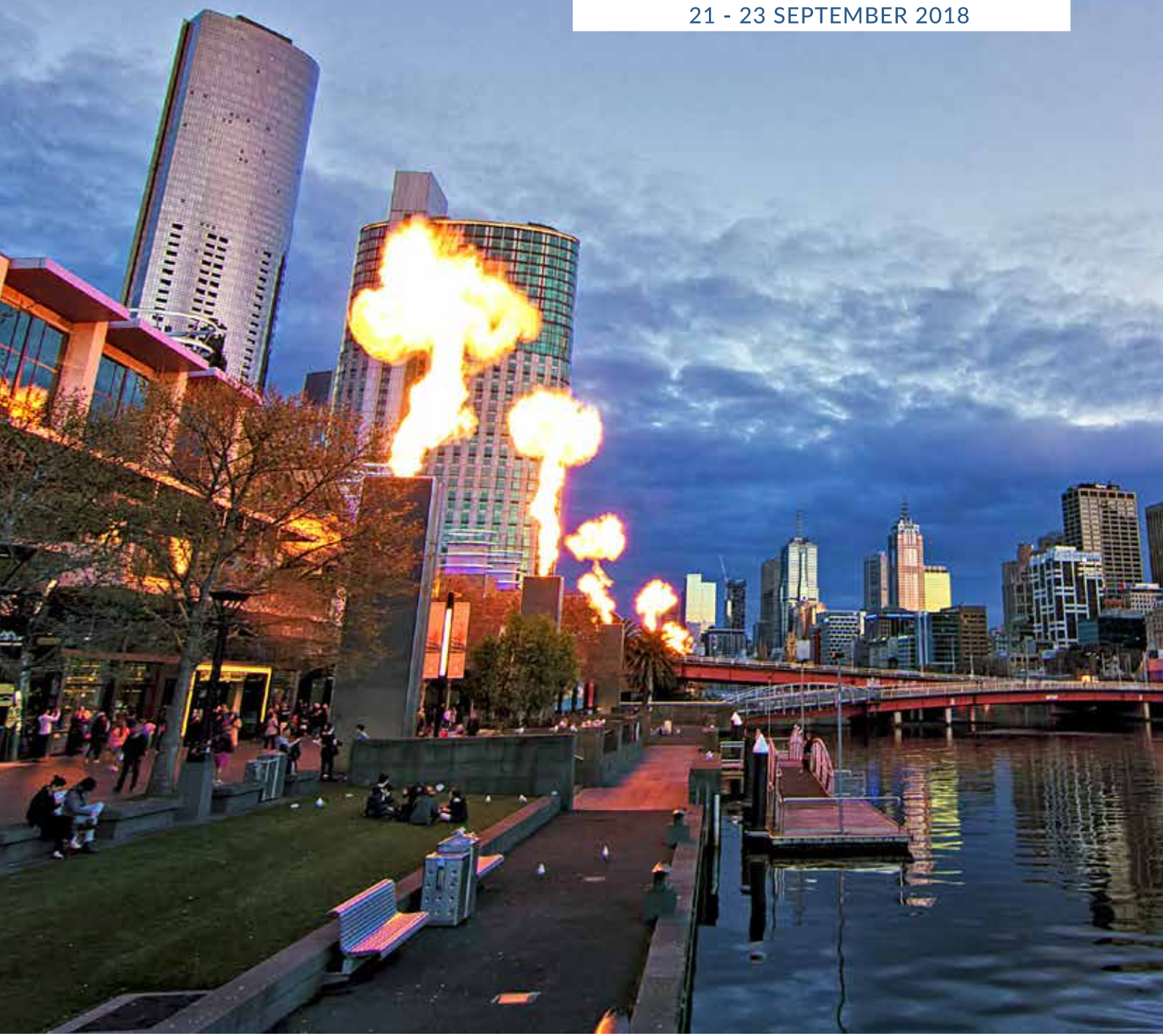
ASCD

Australasian Society of Cosmetic Dermatologists

SYMPOSIUM

CROWN CONFERENCE CENTRE

21 - 23 SEPTEMBER 2018



SCIENTIFIC PROGRAM

# DAY 1 FRIDAY 21 SEPTEMBER 2018

7:00 – 8:00	Registration	
<b>ROOM A</b>		
8:00 – 9:20am	<b>SESSION 1A - Plenaries A: Lectures 1 and 2 Theme The Future</b> <b>Moderators: Saxon Smith and Anital Patel</b>	
8:00 – 8:05am	Introduction to ASCD	Greg Goodman
8:05 – 8:35am	Artificial intelligence and the future of medicine	Dadong Wang
8:35 – 9:05am	Can we get a glimpse of the future – new techniques and processes	Ashish Bhatia
9:05 – 9:10am	Q&A: Short break for changeover and thanks	
9:05 – 10:02am	<b>SESSION 2A - Epidermal Cosmesis</b> <b>Moderators: Nina Wines and Shobhan Manoharan</b>	
9:10 – 9:20	Introductory talk on what is perfect skin - Is it an absence or a presence?	Greg Goodman
9:20 – 10:02am	<b>SESSION 3A - Skin Care and make up for skin of altered colour</b> <b>Moderators: Nina Wines and Shobhan Manoharan</b>	
9:20 – 9:28am	Basic skin care agents for problematic skin colour	Nina Wines
9:28 – 9:36am	Active skin care agents for problematic skin colour	Izolda Heydenrych
9:36 – 10:02	Make up for problematic skin colour with model	Rae Morris
10:02 – 10:30am	<b>SESSION 4A - The Colours Brown (Melasma Intensive)</b> <b>Panel: Nina Wines and Shobhan Manoharan</b>	
10:02 – 10:09am	Environmental triggers and avoidance in melasma - What do I believe?	Izolda Heydenrych
10:09 – 10:16am	Chemical treatment of melasma - A more logical approach?	Michael Freeman
10:16 – 10:23am	Machine based treatment of melasma - Does anything reliably work?	Carl Cheng
10:23 – 10:30am	Oral therapies and what may be the future for melasma	Izolda Heydenrych
10:30 – 11:00am	<b>MORNING TEA</b>	
11:00 – 11:50am	<b>SESSION 5A - The Colours White</b> <b>Panel: Adrian Mar and Greg Goodman</b>	
11:00 – 11:15am	Vitiligo new procedures and new knowledge	Adrian Mar
11:15 – 11:30am	Hypopigmented scarring new procedures and when and how to treat post treatment hypopigmentation	Ofir Artzi
11:30 – 11:50am	Audience and Panel with cases for discussion - Same cases different approaches Michael Rich and Davin Lim	
11:50am – 12:30pm	<b>SESSION 6A - Epidermal Cosmesis: Sun Damage</b> <b>Moderators: Adrian Mar and Greg Goodman</b>	
	The Problem of field sun damage Panel of experts with case discussions: Davin Lim, Phil Bekhor, Ava Shamban, Anina Fitzgibbon, Matteo Tretti Clementoni	
12:30 – 1:00pm	<b>SESSION 7A - Trade Device Quiz</b> <b>Moderators: Simone Doreian and Vilma Di Maria</b> Two teams of laser companies with offerings in this space. Have to diagnose and suggest which of their treatments are best for this issue. Visting speakers will be judges and commentary on answers	
1:00 – 2:00pm	<b>LUNCH</b>	

<b>2:00 - 2:45pm</b>	<b>SESSION 8A - Dermal Cosmesis: The Colours Red</b> <b>Moderators: Rob Rosen and Howard Studniberg</b>	
2:00 - 2:07pm	Environmental triggers and avoidance in rosacea	Izolda Heydenrych
2:07 - 2:14pm	Machine based treatment of rosacea	Phil Bekhor
2:14 - 2:21pm	The Toxic Edge - A Novel treatment for Refractory Erythema and Flushing of Rosacea	Ofir Artzi
2:21 - 2:28pm	Getting the Most out of a Vascular Laser	Ashish Bhatia
2:28 - 2:45pm	Audience discussion and cases	
<b>2:45 - 3:30pm</b>	<b>SESSION 9A - Dermal Cosmesis - The Sebaceous Glands</b> <b>Moderators: Cath Porter and Matteo Tretti Clementoni</b>	
2:45 - 2:52pm	How I treat acne with lights and lasers	Peter Peng
2:52 - 2:59pm	How I treat pores with lasers and lights	Peter Peng
2:59 - 3:06pm	How to use skin care to treat oily skin, pores and acne	Michael Freeman
3:06 - 3:20pm	Panel Discussion and audience on pearls and the problem of acne prone skin	
<b>3:20 - 4:00pm</b>	<b>SESSION 10A - Dermal Cosmesis - Scars</b> <b>Moderators: Annaliesa Wright and Antoinette Ciconte</b>	
3:20 - 3:27pm	Mild atrophy - my 3 favourite methods	Carl Cheng
3:27 - 3:34pm	The efficacy of a combined therapy: calcium hydroxylapatite based filler and energy based device for treatment of acne scars	Ofir Artzi
3:34 - 3:41pm	Severe atrophy - my 3 favourite methods	Ofir Artzi
3:41 - 3:48pm	Hypertrophic scars and Keloids: My 3 favourite treatments	Matteo Tretti Clementoni
3:51 - 4:00pm	Audience participation	
<b>4:00 - 4:30pm</b>	<b>AFTERNOON TEA</b>	
<b>4:30 - 5:00pm</b>	<b>SESSION 11A - Trade Quiz 2</b> <b>Moderators: Anina Fitzgibbon and Ritu Gupta</b> Diagnose and suggest best treatment in their ranges. Two teams of laser and skin care companies with offerings in this space. Have to diagnose and suggest which of their treatments are best for this issue.	
<b>5:00 - 6:00pm</b>	<b>SESSION 12A - Plenaries B</b> <b>Moderators: Sarah Hart and Alice Rudd</b>	
	New concepts in the treatment of burns and traumatic scarring	Matteo Tretti Clementoni
	New concepts in the consultative process	Izolda Heydenrych

## DAY 1 FRIDAY 21 SEPTEMBER 2018

### ROOM B

<b>9:20 - 10:30am</b>	<b>SESSION 2B - What the Regulators have to say: The regulation and ethics of aesthetics</b> <b>Moderator: Belinda Welsh and Patrick Mahar</b>	
9:20 - 10:00am	In Discussion with our regulators, our insurers, our representatives and our profession	
10:00 - 10:30am	Audience and panel	
<b>10:30 - 11:00pm</b>	<b>MORNING TEA</b>	

<b>11:00am - 12:00pm</b>	<b>SESSION 3B - The Obligations (and pitfalls) of Practice</b> <b>Moderators: Sarah Hart and Shobhan Manoharan</b>	
11:00 - 11:08am	The use of skype and teleconference - an Australian necessity?	Shobhan Manoharan
11:08 - 11:16am	Privacy of the patient in the days of social media	Mike Clague
11:16 - 11:24am	Problems with Selfie Photography	Woodrow Wilson
11:24 - 11:32am	Elements of the consent process including photographic consent	Sarah Hart
11:32am - 12:00pm	How I get myself out of trouble with the difficult patient <b>Moderator: Ashish Bhatia</b> <b>Panel: Mike Clague, Shobhan Manoharan and Sarah Hart</b>	
<b>12:00 - 1:00pm</b>	<b>SESSION 4B - Skin Care - The Actives explained</b> <b>Moderators: Phil Artemi and Tina Aspres</b>	
12:00 - 12:07pm	Antioxidants	Phil Artemi
12:07 - 12:14pm	Peptides	Phil Artemi
12:14 - 12:24pm	DNA Repair enzymes and Telomere protectors	Katherine Armour
12:24 - 12:34pm	Stem cells and Growth Factors	Izolda Heydenrych
12:34 - 12:50pm	The War of the Worlds: Part 3 (Atmospheric Aging: Visible Light)	Izolda Heydenrych
12:50 - 1:00pm	Q&A	
<b>1:00 - 2:00pm</b>	<b>LUNCH</b>	
<b>2:00 - 3:00pm</b>	<b>SESSION 5B - What we can learn from the world of make up</b> <b>Moderators: Ava Shamban and Mike Clague</b>	
	Marking the face and injecting safely as make up artists see beauty	Mike Clague, Ava Shamban and Rae Morris
<b>3:00 - 4:00pm</b>	<b>SESSION 6B - Wound management</b> <b>Moderators: KM Kapoor and Niamh Corduff</b>	
	Wound healing and management pre and post operative interventions	Prof Geoff Sussman
<b>4:00 - 4:30pm</b>	<b>AFTERNOON TEA</b>	
<b>4:30 - 5:00pm</b>	<b>SESSION 7B - Basic tenets of surgery for safe and cosmetic result</b> <b>Moderators: Richard Bloom and Kim Taylor</b>	

## DAY 1 FRIDAY 21 SEPTEMBER 2018

### ROOM C

<b>9:20 - 10:30am</b>	<b>SESSION 2C - What's new, news and important</b> <b>Moderators: Sean Arendse and Aaron Boyce</b>	
9:20 - 9:30am	A Novel Mandelic Acid Facial Cream for Facial Pore Reduction, Skin Smoothing and Clarity	Shiva Farabi
9:30 - 9:50am	Creating Value in your Business: Introduction to on line practice systems that let you control your business. Looking at ways to increase your business's value and why this is important	Hanya Oversby
9:50 - 10:05am	Stem Cell technologies - Latest findings	Ivor Lim
10:05 - 10:15am	Pico and PDL studies	Alice Rudd
10:15 - 10:30am	Late-onset hypersensitivity reactions secondary to hyaluronic Acid filler injections: Review and proposed protocol	Ofir Artzi
<b>10:30 - 11:00</b>	<b>MORNING TEA</b>	

11:00am - 12:00pm	<b>SESSION 3C - Robotics - Is this the Future? ARTAS hair transplantation</b> Moderators: Sean Arendse and Aaron Boyce	
	Speakers TBC	
	Audience Q&A	
1:00 - 2:00pm	<b>LUNCH</b>	
6:00 - 7:30pm	<b>WELCOME RECEPTION</b> Dress: Smart Casual	Level 1 Pre-function area, Crown Conference Centre 8 Whiteman St, Southbank

## DAY 2 SATURDAY 22 SEPTEMBER 2018

7:30 - 8:00am	Registration	Pre-function Area
<b>ROOM A</b> Plenaries - more about our future Chairs: Vanessa Morgan and Rod Sinclair		
8:00 - 8:10am	Introduction to ASCD Day 2	Greg Goodman
8:10 - 8:40am	Regenerative Medicine and Tissue engineering	Peter Currie
8:40 - 9:10am	The Future of Medical Education	Michelle Leech
9:10 - 9:20am	Q&A	
9:20 - 9:45am	<b>SESSION 13A - Subcutaneous Cosmesis - The Volume Sessions</b> Moderators: Mark Magnusson and Steven Liew	
9:20 - 9:27am	The Beauty Clock - an introduction to the female facial shape	Greg Goodman
9:27 - 9:34am	The Forehead: How to treat and keep out of trouble	Steven Liew
9:34 - 9:41am	The Temple: How to treat and keep out of trouble	KM Kapoor
9:41 - 9:45am	Q&A	
9:45 - 10:15am	<b>MORNING TEA</b>	
10:15 - 10:45am	<b>SESSION 14A - Subcutaneous Cosmesis - The Volume Sessions</b> Moderators: Mark Magnusson and Peter Peng	
10:15 - 10:22am	The Malar: How to treat and keep out of trouble	Peter Callan
10:22 - 10:29am	The Pre auricular region: How to treat and keep out of trouble	KM Kapoor
10:29 - 10:36am	The Angle of the jaw: How to treat and keep out of trouble	Mark Magnusson
10:36 - 10:45am	Q&A	
10:45 - 11:15am	<b>SESSION 15A - Subcutaneous Cosmesis: The Volume Sessions</b> Moderators: Mark Magnusson and Peter Peng	
10:45 - 10:57am	The Jawline: How to treat and keep out of trouble	Tatjana Pavicic
10:57 - 11:06am	The Pre jowlsulcus region: How to treat and keep out of trouble	Peter Peng
11:06 - 11:15am	The Chin in males and females: How to treat and keep out of trouble	Mike Clague

11:15 - 12:00pm	<b>SESSION 16A - The Volume sessions</b> <b>Moderators: Steven Liew and Peter Callan</b>	
11:15 - 11:27am	Male Facial Shape (differences to females)	Ava Shamban
11:27 - 11:39am	Facial shape from the side - the Selfie perspective	Tatjana Pavicic
11:39 - 11:51am	Going Internal - Technique Focus: The Periorbital area ELLI "- energy, laser, light and injectables for periorbital rejuvenation"	Tatjana Pavicic
11:51 - 12:00pm	Going Internal - Technique Focus: The Platform technique	Peter Callan
12:00 - 12:20pm	<b>SESSION 17A - This Year's Feature</b> <b>Moderators: Steven Liew and Peter Callan</b>	
12:00 - 12:20pm	<b>Our Signature Feature: The Brow</b>	Ava Shamban
	Aesthetics and treatment	
12:20 - 1:00pm	<b>SESSION 18A - The Complications Cup</b> <b>Quiz Masters: Shobhan Manoharan and Sarah Hart</b> <b>The complications champions quiz</b> <b>Panel: Ava Shamban, Carl Cheng, Stefania Roberts, Niamh Corduff</b>	
1:00 - 2:00pm	<b>LUNCH</b>	
1:00 - 2:00pm	<b>ASCD Board Meeting</b>	
2:00 - 3:25pm	<b>SESSION 19A - Muscle Cosmesis - Our muscles of expression and beauty</b> <b>Moderators: Ritu Gupta and Niamh Corduff</b>	
2:00 - 2:15pm	Why do humans have mimetic muscles and why they are placed where they are	Peter Callan
2:15 - 2:30pm	The mimetic muscles: Vascular anatomy and danger surrounding the facial muscles of expression	KM Kapoor
2:30 - 2:55pm	The beauty that facial muscles can add and take away	Steven Liew
2:55 - 3:25pm	<b>Muscle Cosmesis</b> Chairs and Case preparation: Elizabeth Dawes-Higgs and Nina Wines <b>Dosing and injection points around the face</b> Davin Lim, Peter Peng, Jane Shanahan and Carl Cheng showing separately injection points at same time for presented cases	
3:25 - 4:00pm	<b>SESSION 20A - Muscle Cosmesis - Our muscles of expression and beauty</b> <b>Moderators: Ritu Gupta and Niamh Corduff</b>	
	My favourite 2-3 pearls for non neuromodulator methods to resolve	
3:25 - 3:35pm	Cheek Wrinkles	Davin Lim
3:35 - 3:45pm	Lip Wrinkles	Jane Shanahan
3:45 - 3:55pm	Periorbital Wrinkles	Carl Cheng
3:55 - 4:00pm	Q&A	
4:00 - 4:30pm	<b>AFTERNOON TEA</b>	
4:30 - 5:30pm	<b>SESSION 21A - Plenaries: Advances and Reflection</b> <b>Moderators: Hugh Roberts and Cath Porter</b>	
4:30 - 5:00pm	Transdermal delivery via Fractionated CO2 and other devices and when is the right time to intervene with lasers and other devices during scar maturation	Ofir Artzi
5:00 - 5:30pm	Reflections on non-surgical modalities	Peter Callan

## DAY 2 SATURDAY 22 SEPTEMBER 2018

### ROOM B

7:00 - 7:55am	<b>Allergan Breakfast Meeting: Coolsculpting in your aesthetic practice: beauty beyond the face</b>	Joe Ajaka
9:20 - 9:45am	<b>SESSION 8B - The Patient Journey Every Interaction Matters</b> Moderators: Griz Fechner, Cara McDonald and Alice Rudd	
9:20 - 9:30am	Introduction to the day - Front and Centre	Griz Fechner
9:30 - 9:45am	How to grow a monster practice	Ashish Bhatia
9:45 - 10:15am	<b>MORNING TEA</b>	
10:15am - 1:00pm	<b>SESSION 9B - Every Interaction Matters</b> Moderator: Cara McDonald and Griz Fechner	
10:15 - 10:40am	The Irresistible power of communication	Griz Fechner
	The 7 non-negotiables of communication	
10:40 - 11:10am	Before and Afters: Do they really show a "good result"	Cara McDonald
11:10 - 11:40am	How to communicate appropriately through social media	Alice Rudd
11:40am - 12:00pm	Experiences with difficult patients	Aaron Boyce
12:00 - 1:00pm	How aware are you of YOU? – Behavioural profiling How to talk to anyone in the world even the Mr Grumpy's and Mrs Chatterbox's	Griz Fechner
1:00 - 2:00pm	<b>LUNCH</b>	
2:00 - 4:00pm	<b>SESSION 10B - How to win friends and influence people</b> Moderators: Griz Fechner and Alice Rudd	
2:00 - 2:30pm	What makes your patient want to see YOU again?	Cara McDonald
2:30 - 3:00pm	Every Interaction matters Panel Discussion: Cara McDonald, Ashish Bhatia, Aaron Boyce, Alice Rudd	
3:00 - 3:50pm	<b>It's a marriage not a one-night stand: How to ensure Dopamine is flooding your patients brain</b>  <ul style="list-style-type: none"> <li>• The 3 V's (Visual, Vocal, Verbal)</li> <li>• No more Geek Speak</li> <li>• Minimising language</li> <li>• Rule of three</li> <li>• Power language</li> <li>• Pausing and Questioning</li> <li>• Listening</li> </ul>	Griz Fechner
3:50 - 4:00pm	Final Video and recap of the sessions and the day	Griz Fechner and Cara McDonald
4:00 - 4:30pm	<b>AFTERNOON TEA</b>	

## DAY 2 SATURDAY 22 SEPTEMBER 2018

### ROOM C

9:00 - 9:45am	<b>SESSION 4C - An introduction to body sculpting with injectables, cryolipolysis and energy based devices</b> Moderators: Simone Doreian and Sean Arendse	
9:00 - 9:15am	A Beginner's Guide to Injectables for fat reduction	Stefania Roberts
9:15 - 9:30am	Cryolipolysis for the Beginner	Peter Peng
9:30 - 9:45am	A Beginner's guide to energy based devices for body sculpting	Davin Lim

9:45 - 10:15am	<b>MORNING TEA</b>	
10:15am - 1:00pm	<b>SESSION 5C - The Beginnings of a Cosmetic Practice - sessions with Emphasis on safety</b> <b>Moderators: Anita Patel and Shyamalar Gunatheesan</b>	
10:15 - 11:00am	Photography- Standardising your clinical outcomes	Woodrow Wilson and Richard Bloom
11:00 - 11:30am	Basic Neuromodulators	Nina Wines; Elizabeth Dawes Higgs
11:30am - 12:00pm	Basic Fillers	Niamh Corduff
12:00 - 12:15pm	Are bigger cannulas safer? Are smaller needles safer?	Tatjana Pavicic
12:15 - 12:30pm	A Regional example of rejuvenation - The Perioral area	Tatjana Pavicic
12:30 - 1:00pm	Setting up a procedural practice Discussion with Hugh Roberts; Belinda Welsh and Alice Rudd	
1:00 - 2:00pm	<b>LUNCH</b>	
2:00 - 4:00pm	<b>SESSION 6C - Galderma</b> <b>Moderator: TBC</b>	
	Talk 1	
	Talk 2	
	Talk 3	
	Talk 4	
4:00 - 4:30pm	<b>AFTERNOON TEA</b>	
7:00 - 11:00pm	<b>GALA DINNER</b> Dress: Formal Buses depart from Crown Promenade at 6:30pm sharp	Aerial - 17 Dukes Walk, Corner of Dukes and Rona Walk, South Wharf

## DAY 3 SUNDAY 23 SEPTEMBER 2018

8:00 - 9:00am	Registration	Pre-function Area
<b>ROOM A</b>		
9:00 - 10:00am	<b>SESSION 22A - Deep Tissue Cosmesis - Lifting Are we there yet?</b> <b>Moderators: Matteo Tretti Clementoni and Michael Rich</b>	
9:00 - 9:10am	Introduction to Day 3 ASCD	Greg Goodman
9:10 - 9:25am	The theory of HIFU - What works and what doesn't	Tatjana Pavicic
9:25 - 9:40am	Radio Peel – Synergism between Microneedling Fractional Radio Frequency and 20% Trichloroacetic Acid Chemical Peel	Ofir Artzi
9:40 - 9:55am	When to use surgery and when to use non surgical approaches to lifting?	Matteo Tretti Clementoni
9:55 - 10:30am	<b>Patient Cases hosted by Michael Rich</b> How would you treat? Cases in advance with answers on screen and for presenters to discuss and justify, maybe also presenting a similar case	
10:30 - 11:00am	<b>MORNING TEA</b>	
11:00am - 12:00pm	<b>SESSION 23A - Reconstructive Corner</b> <b>Moderators: Phil Bekhor and Vanessa Morgan</b>	
11:00 - 11:15am	Naso-facial and cheeks	Tim Rutherford
11:15-11:30am	Temples and Pre auricular	Edward Upjohn
11:30-11:45am	Ear - Helical Defects, Conchal bowl	Eugene Tan



11:45am-12:00pm	Q&A	
<b>12:00 - 1:00pm</b>	<b>SESSION 24A - Feature topic: Hyperhidrosis Moderators: Vanessa Morgan and Phil Bekhor</b>	
12:00 - 12:15pm	Botulinum Toxin for Hyperhidrosis	Rob Rosen
12:15 - 12:30pm	Microwave technology	Phil Bekhor
12:30 - 12:45pm	Iontophoresis	Vanessa Morgan
12:45 - 1:00pm	Other energy devices or treatments	Davin Lim
<b>1:00pm</b>	<b>Closing Remarks</b>	

## DAY 3 SUNDAY 23 SEPTEMBER 2018

### ROOM B

8:00 - 8:55am	Merz Breakfast Workshop	
<b>Controversies</b>		
<b>9:00 - 9:30am</b>	<b>SESSION 11B - Controversies in skin care - One skin care ingredient or idea that is more hype than true and one that is more the real thing Moderators: Izolda Heydenrych and Katherine Armour</b>	
	Each speaker: One skincare ingredient or idea that is more hype than true and one that is more the real thing	
9:00 - 9:10am	Izolda Heydenrych	
9:10 - 9:20am	Phil Artemi	
9:20 - 9:30am	Michael Freeman	
<b>9:30 - 10:30am</b>	<b>SESSION 11C - Controversies in Volumising - Should we be injecting? Moderators: Izolda Heydenrych and Katherine Armour</b>	
9:30 - 9:40am	Dangerous areas - The Problem	Mark Magnusson
9:40 - 9:50am	Forehead and glabella - should we stop teaching and doing	Tatjana Pavicic
9:50 - 10:00am	Nose - should we stop teaching and doing	Peter Peng
10:00 - 10:10am	Nasolabial fold - - should we stop teaching and doing	Mark Magnusson
10:10 - 10:20am	Periorbital - should we stop teaching and doing	Peter Peng
10:20 - 10:30am	Q&A	
<b>10:30 - 11:00am</b>	<b>MORNING TEA</b>	
<b>11:00am</b>	<b>Back to ROOM A for Final Session</b>	
<b>1:00pm</b>	<b>SYMPOSIUM ENDS</b>	